



Network Plus for Analytical Behavioural
Science for security and defence

NABS+ Mentor Application Form

Name:	<input type="text"/>						
Email Address:	<input type="text"/>						
Higher Education Institution:	<input type="text"/>						
Research Area:	<input type="text"/>						
I am comfortable mentoring someone in the following areas (select all that apply):	<table><tr><td>Professional development</td><td>Networking</td></tr><tr><td>Career advice</td><td>Other (please state)</td></tr><tr><td>Research</td><td></td></tr></table>	Professional development	Networking	Career advice	Other (please state)	Research	
Professional development	Networking						
Career advice	Other (please state)						
Research							
Identify your strengths/ areas of expertise and relevant experience you can offer advice on (e.g., international collaboration, grant writing, working in government department):	<input type="text"/>						

Characteristics of an Effective Mentor

An effective mentor is committed to the mentee's growth, demonstrates good listening and communication skills, and follows through on agreed action points to serve as a role model. It's crucial that mentors make time to meet regularly, provide thoughtful feedback, and share personal experiences to illustrate key lessons.

Please email your form to: nabs@lancaster.ac.uk



www.crestresearch.ac.uk/nabs



nabs@lancaster.ac.uk

